

The attitude of worship



3. Read Psalm 95:6 and Romans 12:1. From these two verses, what attitudes are important in worship?

4. God wants humility and submission. Do you think that worshipping God is possible if you are in rebellion toward him? Why or why not?

The forms of worship

Worship involves honouring God with our whole life. The Bible does not give strict forms for churches or individuals yet it does suggest several norms.

Praise Praise is the most obvious. ‘Praise the Lord’ is repeated many times in Scripture. In Psalm 103, David repeats it six times, beginning with, “Praise the LORD, O my soul; all my inmost being, praise his holy name. Praise the LORD, O my soul, and forget not all his benefits...” In verse 22 he concludes, “Praise the LORD, all his works everywhere in his dominion. Praise the LORD, O my soul.”

Praise is usually an exuberant and enthusiastic expression of our love and adoration for God, and as we worship him, he blesses us. Praise lifts our spirits and encourages us. One songwriter takes these words from the Old Testament prophet Isaiah: “Put on the garments of praise for the spirit of heaviness.” The prophet concludes with, “. . . provide for those who grieve in Zion—to bestow on them a crown of beauty instead of ashes, the oil of gladness instead of mourning, and a garment of praise instead of a spirit of despair. They [those who love God] will be called oaks of righteousness, a planting of the LORD for the display of his splendor” (Isaiah 61:3).

5. While praise lifts our spirits, according to this verse what is its ultimate purpose?

Ultimately, praise is to glorify God. We praise him ‘for the display of his splendor.’ The King James translation says, ‘that he might be glorified.’

6. Write here a few words of praise for God.

Music and singing
*Speak to one another
with psalms, hymns
and spiritual songs.
Sing and make music
in your heart to the
Lord. Ephesians 5:19*

7. Music and singing are a vital part of worship according to Ephesians 5:19. Describe how music helps you worship.